



RECOVERY CAFE LAFAYETTE

Recovery Café Lafayette

Café Companion Internship Description

About the Program:

Recovery Café Lafayette is a membership-based peer recovery support program founded on the certain belief that every human being is worthy of love and connection regardless of past trauma, mental and emotional anguish, addictive behaviors or mistakes made. Recovery Café Lafayette is an initiative of We Bloom, a nonprofit organization inspired by the belief that every member of a community can thrive when given access to resources and knowledge, adapted to their environment. Our goal at the Recovery Café Lafayette is to create a loving community in which our members gain access to resources, peer support, education, and learn to connect with the love of themselves and others. Through our work, we prevent individuals from another potentially life-ending crisis, saving taxpayer money in emergency intervention to help them stabilize, and allowing mental health and addiction support professionals to focus on health maintenance and substance use prevention.

To learn more please visit our website at <https://www.recoverycafefayette.org/> and follow us on Facebook at Recovery Café Lafayette.

Title: Your title will be the Café Companion Intern and you will report to Alynna Nguyen, our Community Engagement Coordinator.

Roles and Responsibilities:

At this phase of our program evolution, we are seeking a variety of resources to fund the Recovery Café Lafayette programs and operating expenses. Those funding resources could include government grants, foundation grants and private donations. The role of this intern would be to identify appropriate funding possibilities. The projects and responsibilities of the internship will include:

- Fulfill Role as a Café Companion which includes:
 - Providing direct support to members by providing up to date information on community resources and referrals
 - Offering hospitality around Café tables with an open heart and a listening ear.
 - Cultivating a positive and healthy community within the Café
 - Being focused on being present and loving in the lives of our Café Members
 - Welcome and engage members in café activities (games, classes, etc)
- Provide general support within the Café

- Assisting with Meal services
- Checking in members
- Cleaning and safety protocols
- Research and compile community resources based on needs identified by members
- Develop or support members and staff to develop classes through the School for Recovery
- Host new member orientation
- Participate in and assist in hosting monthly Sober Social Events
- Participate in any necessary professional development trainings
- Introduce and build new partnerships within the Lafayette community
- Connect with the message and mission of the café – spend time in the café when available
- Other projects based on the interest and availability of the Intern
- Participate in weekly supervision meetings via Zoom/FaceTime and/or in person.
- Participate in bi-weekly staff meetings, trainings, and relevant check-in's as needed.
- Submit weekly report identifying project updates and goals

Hours and Schedule:

Hours: the initial commitment for the internship is 8-10 hours a week for one semester – flexibility can be granted depending on the needs and interests of the individual intern as aligned to the needs of Recovery Café Lafayette.

Schedule: interns will be required to meet for 1-hour of supervision each week either in person or by video. Interns are required to serve in the physical café space as a Café Companion. Other work hours will be independent and up to the intern. Meetings with outside vendors, supporters, etc. will also be scheduled regularly throughout the internship.

Time Commitment: You are committing to 10 hours per week and/or enough to reach the required course minimum. Please let us know as far in advance as possible on details of your planned vacation days and time off.

Benefits for Intern:

At this time, Recovery Café Lafayette's internship are unpaid, however, there are several other benefits offered to our intern team members including:

- *Intern orientation* – interns will receive training on expectations for professional behavior including communication, meeting deadlines, timeliness, attire, etc.
- *Professional development* – on a monthly basis, the co-founder will offer a workshop on a professional development topic of choice (she worked in and ran a career center for several years previously); these topics might include choosing your career path, resumes, cover letters, networking, interviewing, graduate school, etc. ***Interns will be provided up to \$300 support for participation in relevant professional development events/trainings.***
- *Networking opportunities* – through meeting with community members to cultivate support, the interns will expand their own network of possible employers and key professional contacts for their own career planning. This may happen through events, conferences and 1-1 meetings.
- *Public Health Impacts* – drowning prevention and mental health are major public health issues both locally and globally. By interning with We Bloom and Recovery Café Lafayette, you will be

empowered to make a meaningful difference in the lives of people all over the world through promoting life skills and healthy living in these two specific areas.

- *Global Impact* – because We Bloom is not only focused here locally in Indiana, but also in Vietnam (and potentially other countries), the intern will have exposure to international development work, and access to a large network of contacts for potential sightseeing, volunteering, working, etc. abroad.

Qualifications:

Recovery Café Lafayette is seeking an enthusiastic and self-motivated intern who is passionate about saving lives and improving mental health in the US and developing countries. The support of this intern will lay a critical foundation to sustainable support for We Bloom, and thus has the potential for significant impact in Vietnam (and other countries). Specific qualifications include:

- Junior or Senior level status earning a Bachelor's degree or a graduate-level student
- Demonstrated excellence in written and verbal communication
- Excellent organizational skills
- Ability to listen to members' stories without judgment, reminding them "We are all in recovery from something."
- Having a warm and welcoming heart and a willingness to be at the Café
- Creative communication skills in the areas of social media (Facebook, Twitter, etc)
- Commitment/passion for public health issues locally and internationally
- Possess the following qualities: self-motivated, work independently, dependable, open to learning and feedback
- Note: this is an unpaid internship – earning academic credit is not necessary but can be supported

Application Instructions:

Please submit your application including your resume, cover letter and references to Alynna Nguyen at alynna.nguyen@webloom.org . Selected candidates will be contacted for an interview with the Recovery Café Lafayette team.